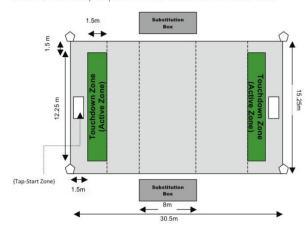
Turbo Touch Rules at a Glance For Players and Referees

The Field of Play

Markers/cones may be placed on four corners of the outside lines.



TAP

The **TAP** starts and restarts all parts of play. An incorrect TAP will result in a change of possession. To perform a TAP

- Ball must be placed on the ground within 2 metres of where the play stopped or in the TAP START ZONE at the centre back of the TOUCHDOWN ZONE
- Ball must be released from both hands
- Ball is tapped with either foot a distance of not more than 1 metre
- · Ball must be picked up cleanly

ATTACK

On ATTACK your ACTIVE ZONE is in play and cannot be entered into or scored in until it is called OPEN by the referee

- After a TAP, the ball must connect with two players before the ACTIVE ZONE is called OPEN (IE 2 passes or 'flick-ons').
- You may pass the ball forwards, backwards, sideways and use any style of throwing or flicking to move the ball around.
- You have TWO chances to score. If the Defending team effects TWO touches on your team before you score then it is a change of possession.
- After a TOUCHDOWN is scored or a TOUCH made, you must restart play with a TAP. You have TWO seconds from the TAP until the defender can advance to make a TOUCH.
- When you hear the referee call USE IT, this indicates the TWO (or FIVE if tapping from the TAP START ZONE) seconds have passed & you can be touched.
- When restarting play in the TAP START ZONE after a TOUCHDOWN is scored, the TOUCHDOWN ZONE becomes a SAFEZONE for FIVE seconds where no Defending player may enter or they will be deemed to be OFFSIDE. Defenders may run through the SAFEZONE if the Attacking Team passes twice before five seconds is up therefore opening both the ACTIVE and the SAFE ZONES.
- If a ball is intercepted by a Defender, they are now on ATTACK and the ACTIVE ZONE is automatically OPEN therefore they may score.

DEFENCE

- On DEFENCE you must TOUCH the attacking player carrying the ball to stop them from scoring.
- You cannot enter the ACTIVE ZONE until it is OPEN
- You cannot interfere with any ATTACKING player who does not have the ball, this includes body blocking. This will result in a PENALTY being awarded
- You cannot TOUCH or call a TOUCH on an ATTACKING player before they
 have caught the ball. The ball must be in contact with the players hands
 when the TOUCH is effected
- If a DEFENDING player knocks down a ball possession stays with the ATTACKING team and the TOUCH count goes back to ZERO

POSSESSION

A change of possession shall occur

- After the SECOND TOUCH
- After an incorrect TAP
- When the ball goes to ground
- When a TOUCHDOWN occurs
- When there is a TOUCH and PASS
- When the ball goes out of bounds
- When an ATTACKING player enters the ACTIVE ZONE before it is OPEN
- · If an incorrect substitution is made
- Whenever the referee indicates and / or there is a penalty infringement against the attacking team.

Play is recommenced with a TAP

OFFSIDE

You are deemed OFFSIDE when

- An ATTACKING or DEFENDING player enters the ACTIVE ZONE before it is OPEN
- Playing the RESTRICTED version, you enter the ACTIVE ZONE at any time before the ball is grounded for a TOUCHDOWN.
- A Defending player enters the SAFEZONE before the referee has called FIVE seconds or USE IT
- A Defending player has not retired 2 METRES (radius) from a player or given the attacker 2 Seconds (referee's perception of 2 seconds) and tried to or effected a TOUCH

SCORING

To SCORE a TOUCHDOWN

- A Touchdown can occur when the Touchdown zone is OPEN i.e. once the ball has been passed or flicked-on two times or intercepted by the Defending team.
- The ball must be placed on or into the ACTIVE ZONE
- No TOUCHDOWN will be awarded if any body part of an attacker is inside the Touchdown zone before it is deemed OPEN

FLICK-ONS

A FLICK ON is when an attacking player does not attempt to catch the ball but 'Flicks' it (bats it on) to another player. If the attacking player is simultaneously touched by a defender, the Touch WILL NOT count and play will continue.

GAME MODIFICATIONS

Modifications may be made to the game to allow for player ability, age, venue, time, and game standard.

All modifications need to be authorised by Turbo Touch Ltd management and the controlling organization.

• RULINGS AROUND THE ACTIVE ZONE

The game can be played with two separate rulings around the ACTIVE ZONE. $\label{eq:constraint} % \begin{subarray}{ll} \end{subarray} \b$

- Standard Predominantly used for Adult grades. You may stand in the Touchdown Zone after the ACTIVE ZONE has been opened but for no more than 2 seconds or it will be deemed to be 'CAMPING'.
- Restricted Predominantly used for Junior grades. No player is allowed to enter the ACTIVE ZONE at any time while the ball is in play.
 To score the ball must be placed in the ACTIVE ZONE before any part of the attacker makes contact with the ACTIVE ZONE.
- TOUCHES The Touch count can be increased to allow teams with lesser balls skills the chance to learn the game with longer possession
- TIME Length of game and half times.
- COURT/FIELD DIMENSIONS Smaller overall dimensions can be used to
 meet the available playing area at the venue, however the TOUCHDOWN
 ZONE measurements must be in proportion to the new overall size to
 ensure there is still space to run around and jump over the ACTIVE ZONE
 without going out of the boundary lines.
- BOUNDARIES Indoor facilities may have no boundaries and use of walls and nets may be used for deflections.
- DROPPED BALL OR BALL TO GROUND Allowing Drop Balls to be counted as a Touch is an option for Junior, lesser skilled or beginner players